



RADCLIFFE NEWS SHEET

Registered Charity No. 115245

MAY 2025—ISSUE 101



FROM THE CHAIR

We need you to tell us what we can do to improve our u3a

Over the past few years we have successfully enrolled many new members and it occurred to me that we need to find out more about how satisfied they are with their membership. Have they been able to find the groups that were of interest to them? Have they been able to join the groups of their choice?

It is apparent that our success in increasing our membership brings its own problems, when groups reach their optimum numbers. In this situation we need to consider starting a second group. If we can find a volunteer to lead the new group (a big "if") establishing the new group will need to be done in co-operation with the original group. It will be given full support from the Committee until it beds in. A good example is the Pub Trail group which came about when the Real Ale group became too large to be practical.

With this in mind I am asking members who have joined in the past couple of years to contact me by E-mail, WhatsApp or Telephone, to tell me of any problems they have encountered. Furthermore if they have any ideas that can improve our u3a, let me have them and I will ensure they will get the full consideration of the Committee.

It also occurs to me that some of our new members will have knowledge and interests not covered by our existing groups - an ideal opportunity to explore starting a new group. This will allow them to share their interest with other members, make new friends, and to fulfil the ethos of the u3a.

Despite being only 1 month into our year, your committee are already looking to the future. We need a new Groups Co-ordinator to replace Jan Addiscott and a new Editor for our News Sheet, to replace Rodney Fogg as both are standing down after many years of service. Also at the next AGM I should have to stand down as Chair, but will be happy to carry on if no one else is prepared to take on the role. Your committee are looking for potential new committee members for this year, to gain the experience to take on these roles. Our u3a cannot exist without members standing tall and joining the committee and taking on roles within it as they become necessary.



George Roberts

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RADCLIFFE ON TRENT u3a MONTHLY MEMBERS MEETING, THE GRANGE HALL

AS THURSDAY 1st MAY IS LOCAL ELECTION DAY OUR NEXT MONTHLY MEETING IS ON.....

THURSDAY 8th MAY - Speaker : Anna Herbert. Heritage Interpretation and Visitor Experience Manager at St Mary Magdalene Church Newark - Re awakening St Mary Magdalene The National Lottery Heritage Funded restoration project. (not quite Notre Dame scale but important as the 12th Century Church is restored for future generations)

NEWS ABOUT OUR GROUPS

Discussion Group: This group now meets at The Manvers Arms at 3pm on the third Wednesday of each month. Subjects to discuss are chosen on a rota basis and Bob Coleman (who arranges the rota) says that more members would be very welcome to join the group.

Keep Fit Group: This is one of our most successful groups. The large hall in the Grange is fully utilised each week to the extent that there is absolutely no space for any more to join in. It does, unfortunately mean, therefore, that there is a long list of members who have been waiting to join the group for some time and are disappointed in not being able to take part.

Therefore a **SECOND KEEP FIT GROUP** is very much needed but to enable this we must ensure that we have a leader with the necessary qualifications to do so safely.

Are YOU on the waiting list and do YOU fit the bill as a potential leader? If so, YOUR u3a NEEDS YOU! You will be guided and supported to do so by the Committee and - with advice from the current very active Keep Fit group - all things are possible! Please DO get in touch if this is something you would like to explore.

Pop Music Quiz Group: This is a new group which first met on 17th April (see details below) which we hope will become very popular:- *'If you like pop music from the 60s, 70s and 80s then how about a pop music quiz group? The quiz is not reading out questions from a book or the internet but listening to and identifying songs and artists. It would be a fun quiz, not competitive and no prizes. Come along to the Royal Oak 11-12 on Thursday 17 April. There is no charge, just buy a drink. Contact Richard Turner ayamonterichard@gmail.com* The day and time are likely to vary to enable as many people as possible to attend, these details will be made known if the first session is a success. (So please keep checking emails for further details.)

- and Finally: A plea for new recruits to join our Committee!

As a member of our u3a, you are always welcome to come along and observe our Committee meetings, without commitment. This is how I originally became involved and I would urge anyone to do so. These meetings (whilst dealing seriously with the "nuts and bolts" of running the u3a) are conducted in a friendly atmosphere over cups of tea/coffee and biscuits. We hope that we can encourage some of you also to consider becoming a member of the committee to ensure the Radcliffe u3a continues to thrive. Meetings are held monthly on a Monday afternoon at The Grange.

Our group leaders are represented on the committee by the Groups Coordinator, whose job is to promote and liaise with our u3a groups, and to bring news of them to our committee meetings. This position will soon become available so if you would like to find out more about this, or just to observe how the committee runs, please do come along to our next committee meeting which will be held in the Radcliffe Room at The Grange on Monday 12th May at 2pm. Free tea/coffee and biscuits are a given!

I would like to emphasise the reason that our u3a is so successful is due to the very dedicated people who run our groups and without whom there would be no Radcliffe on Trent u3a. So to ALL of our Group Leaders - THANK YOU!

Jan Addiscott : Groups Coordinator

CLASSICAL MUSIC GROUP

We meet usually on every 3rd Thursday in the month 10.30 - 12.30 at the Dowson Room The Grange. All welcome. No previous knowledge needed. Refreshments provided in the interval. The price is £2.50 including tea, coffee and biscuits. Listen and relax at our next meeting on Thursday 15th May.

Group leader *Michael Riggall*. Contact at michael.riggall@ntlworld.com

SCOTTISH COUNTRY DANCING GROUP



They say Laughter & Dance are two of the best medicines anyone needs to keep the doctor away, this seems to be true for the Scottish Country Dancing group. We formed in September 2013 with Bill Sylvester at the helm, who often put his head in his hands when we couldn't remember our left from our right, but over the years with Jean taking over we have slowly progressed, although we do still have trouble working out our left & right shoulders! But we now have Tony who has taken on the reins of teaching us many new dances, but alas! I feel he goes home in confusion wondering what he has let himself in for, but we all go home with a smile & an eagerness to return the following week. We meet most Wednesdays except the last Wednesday of the month at 2pm at the Scout Hall. We will be closing down for the summer, but we will restart September/ October. We are a very friendly group who welcome newcomers. *Sue Prest* email : sandsprest2016@gmail.com for more information.

DEAR MEMBER, YOUR u3a NEEDS YOU!

Are you enjoying u3a activities from the monthly members meetings to any of our forty-five interest groups? We hope so but here is some bad news, your U3a is in danger of stagnating possibly to the point of extinction UNLESS we can find from our membership volunteers to step forward and refresh our organisation as leaders retire.

To this end your current committee (not getting any younger!) is asking for four or five people to come to a future committee meeting to see how things are run and see if they can help.

Interested? Please have a word with our Chair - George (see his latest comments on page 1) so we can ensure a welcome and adequate refreshment.

Editor

A WARM WELCOME TO THIS MONTH'S NEW u3a MEMBERS:-

Julian Smith, Charlotte Attwood, Phil Sharrock, Peter Skop, Nicky Spice, Jayne Green, Jim Douglas, Stephen Campion, Margaret Payne, Christine McEwen, Angela Hunter and John Bratton.

Melanie Gregg - Membership Secretary



7th June

10am – 1pm

Craig Moray Community Centre,
Corner of Queens Road and Shelford Road
Radcliffe on Trent Nottingham
NG12 1DL

07742 434437

radclifferepair@gmail.com

Refreshments Available

What sort of things can we try and help you with ?

Woodwork, Electrical, Tool Sharpening, Jewellery, Soft Furnishings, Needlework, Basic Bike Repairs and more.

Why not pop along and find out!

All information correct at the time of going to print

Cash donations can be made on the day



LETS GO BOWLING GROUP

Join us for these informal sessions that will allow you to have a go at this fascinating game that gives you lots of light exercise, fresh air and loads of fun The Bowling Club will supply Bowls and Tuition. All we ask is that you come in footwear with Flat Soles and NO Heels. Trainers should be OK. Please arrive by 1-45pm to allow registration

Radcliffe on Trent Bowling Club, Entrances on Glebe Lane & Cropwell Road

The cost is £3 per session, to include Tea/Coffee & Biscuits

We will be bowling on Monday afternoons for 5 weeks on 5th, 12th, 19th & 26th May & 2nd June – Between 2pm & 4pm If you are interested in joining the group please contact...

Philip Adams on 07742 146 657 Email ; philip@radcliffeot.co.uk

POP QUIZ GROUP

Good Vibrations and Good Times were had by all at the inaugural u3a Pop Quiz. What a Wonderful World identifying those songs and artists from the 60s, 70s and 80s. The next quiz is on Thursday 15 May 11-12 at the Royal Oak. No charge, just buy a drink.

Richard Turner Group Leader Email:
ayamonterichard@gmail.com

VACANCY: CO-EDITOR OF NEWSHEET

Duties include : sending monthly standard email to group leaders asking for items. Using u3a laptop and Microsoft "Publisher" to insert items and photos in Newssheet. After Proof Reading Checks submit Newssheet for printing. Computer skills an advantage. Training given.

Apply to radcliffeu3a.news@gmail.com

u3a COFFEE MORNINGS

We hold a regular Coffee Morning on the last Wednesday of every month at the Royal Oak from 11.30am until 12.30pm.

All members and any potential new members are welcome.

If you are free please come and join us for a coffee and a chat.

The tea and coffee is included
FREE !

NOTE FROM THE EDITORS

To all our Group Leaders thank you for articles and contributions especially photos to keep members informed of what you do.

Please continue to send us your items, articles, photos or sketches to:
radcliffeu3a.news@gmail.com

Our next issue is our JUNE edition.

The deadline for articles please is 20th May, 2025

The editors assume we have your permission to quote e-mail addresses and telephone numbers unless you advise us not to. Please also let us know who took the photos you submit.
Thanks

Rod & Patrick Co-Editors

TRIPS AND OUTINGS GROUP

Trips & Outings trip to Cambridge – June 10th £20 Coach Only

This will be a day trip with the option of visiting the Botanical Gardens. The coach will stop at the Gardens a 15 minute walk to the centre and will then drive to Parkers Piece a 5 minute walk to the main colleges.

Entrance to the Gardens, which are owned by the University, will be at your cost of £7-70 or £8-50 with Gift Aid.

For more info. <https://www.museums.cam.ac.uk/museums/cambridge-university-botanic-garden>

We opened ticket sales for Cambridge at the April 3rd Monthly Meeting and they sold well and we do think it will sell out, so get in early to book your place.



Fitzwilliam Museum



Botanical Gardens



Kings College & Chapel

There are so many interesting places and things to do in Cambridge. Try a Punt on the River Cam or just walk around the city and enjoy the architecture and history that's all around you.

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## FUTURE PLANNED TRIPS

Future Planned Trips will include a trip to **Salford Quays on the 23<sup>rd</sup> September**. Within easy walking distance you can visit the Lowry Museum, Imperial War Museum and Media City and many Shops. There is also a planned walk around the Salford Quays. All these opportunities are Free.

More detailed information in next month's News Sheet – Anticipated cost £20 tbc

For more information contact : *George Roberts* Mob ; 07971 593 802

## RADCLIFFE ON TRENT U3A

**Share Your Skills, Make a Difference. We need you.**  
**Welcome to Radcliffe on Trent U3A**

Are you looking for an exciting way to stay active, make new friends, and share your passions? Look no further than the Radcliffe on Trent U3A, where we offer a wealth of opportunities for lifelong learning, social activities, and community involvement.

### **About Us**

Radcliffe on Trent U3A is part of a nationwide organization that provides a vibrant community for those in their third age - the age of active retirement. Our mission is to foster an environment where members can enjoy educational, creative, and leisure activities, all while forming meaningful connections.

### **Get Involved**

We believe that the strength of our U3A lies in the engagement and dedication of our members. That's why we are reaching out to you to consider volunteering for committee roles and various tasks. Your skills and enthusiasm can make a significant impact!

### **Why Volunteer?**

Volunteering with Radcliffe on Trent U3A is a rewarding experience that offers numerous benefits:

Personal Growth: Enhance your skills and knowledge.

Social Connections: Build lasting friendships and networks.

Community Impact: Make a positive difference in our local community.

Sense of Purpose: Find fulfillment in contributing to a greater cause. Help Us Today!

Radcliffe on Trent U3A is a place where you can thrive, share your passions, and make a difference. Don't miss out on this wonderful opportunity to be part of our community. Whether you wish to volunteer for the committee or assist with other tasks, your contribution is invaluable.

**We look forward to welcoming you!**

## **WALKING GROUP**

Our walking group recently walked the Linear Path in Bingham. The Linear is an old railway line that was closed by Beecham in the 60's. Eventually we came to the River Smite at which point we turned right off the Linear and onto paths through the fields, back towards Bingham. We then re-joined the Linear path back to Nottingham Road and the Mainline Bus back to Radcliffe. We walked just short of 6 miles on a beautiful day, a day enjoyed by all.

Our next walk will be the Canal Path from Nottingham Railway Station to Beeston on May the 7<sup>th</sup>. We will meet at the Grange Bus Stop at 9-45am to Nottingham Railway Station. From there we will join the Canal Path to Beeston Marina. This is at the confluence of the River Trent and the Canal, where we will have a well-earned stop at the Boathouse Café, highly recommended, good food at very fair prices. When all are ready we will walk to Beeston centre to catch the Tram back to Nottingham.

Contact *George Roberts* to confirm : Mob 07971 593 802 [gjandm.roberts@gmail.com](mailto:gjandm.roberts@gmail.com)