



RADCLIFFE NEWS SHEET

JULY 2021 — ISSUE 57

Until further notice Members' monthly meetings, usually held in the Grange Hall on the first Thursday of each month are suspended.

FROM THE CHAIR



Hello and welcome again to the July newsletter; as I write this the sun is shining and the pandemic is featuring less in the lives of many of us; so it is good to see so many of our groups engaging in activities in person.

As a **u3a** we are often asked to disseminate information to our members which can put us in a difficult position. As a responsible organisation we are conscious that our membership has not signed up to receiving information from third party organisations. We were recently asked to share the Radcliffe Health Centre Newssheet which is both interesting and informative; so we have provided a link on our **u3a** website to allow our members to sign up and receive this newssheet and other information.

I was also recently contacted by 'TuVida'; a not-for-profit charity providing support for unpaid carers; if any member wishes to have a copy of their e-flyer please contact me via email and I will send their information to you personally.

Some of you will have noticed that 2nd June was **u3a** day; the committee decided to defer our celebrations of this day until September when we hope that restrictions will be minimal and more of our groups will be active. Keep your eyes open for information on the Radcliffe u3a day which will be held on Saturday September 11th, it would be good to have input from our groups and it will be a good opportunity to bring along your non-member friends & neighbours.

For now enjoy this newsletter and keep active.

Reverley (radcliffeu3a.chair@gmail.com)

SPEAKER on JULY 1st

Our U3A Speaker-Finder, Geraldine Sleight regrets to have to report that the speaker arranged for the above date has had to withdraw in unforeseen circumstances.

Unfortunately there is insufficient time to engage and arrange for a replacement so the subject "The Honours List" will be held over until the Autumn.

Editor.

UKELELE GROUP

Interested in learning to play the Ukulele?

If you like an informal get-together and a sing-song, the ukulele could well be the instrument for you. In comparison to some instruments it's quite easy to learn, not too expensive, easily portable and you don't have to be a virtuoso in order to have fun with it.

Our Ukulele Group was established over eight years ago and continues to thrive, even during lockdown. New members are welcome. It can, however, be difficult for complete novices to join an established group such as ours.

To help overcome this difficulty, depending on the level of interest I am thinking of running a beginner's course for several weeks, later this year. No prior experience of the ukulele would be necessary. The ongoing Covid situation will of course be a factor in determining if/when this can go ahead.

Meanwhile, if you are interested, please drop a line to me (lan) at: radcliffe.strummers@outlook.com

Ian Pardon

GEOLOGY AND ENVIRONMENTAL STUDIES GROUP

- 1. A classic example of geological activity is currently occurring in SW Iceland, not far from the capital Reykyavik
- 2. On a different and very sad note, we have to announce the recent death of Alan Forster, a neighbour and fellow geologist. Those of you who attended our last season of indoor events will remember that amongst them, Alan gave us most interesting talks both on the Geology of Wine and on the History of microscopes; also he and I were in discussion of other potential topics as the Pandemic struck. He will be greatly missed not only for his professional expertise but also for his willingness to share with others his knowledge of such environmentally friendly topics as Bee keeping, Apple varieties and Wine tasting, to name just a few.

Alan also assisted Dave Harrison in his leadership of the wine tasting group since 2011 and he led the group on several occasions over the years

3. It is hoped that we will be able to reconvene in the Autumn, perhaps to include a follow up of the Rifting process, one of which manifestations is currently occurring in Iceland.

Martin Clarke (Group Leader)

Please note new contact details—sumatraman947@gmail.com and mobile no. 07308 144380

KNIT'N NATTER GROUP

Our photo shows a small sample of the huge quantity of beautifully crafted Twiddlemuffs which Joan has diligently produced since the Covid crisis began.

We have over 50 which await distribution to hospital and care homes - which, of course, has not been possible because of the risk of spreading coronavirus. Once all restrictions have been lifted (now 19th July...) then we will be able to deliver them to care homes and hospital. I will, however, keep a few available for individuals in the **u3a** to request. In case there is anyone out there who is unaware of the purpose of Twiddlemuffs, I should mention that they can be beneficial for dementia patients who may derive comfort from having a Twiddlemuff to handle.

Please do contact me if you know of anyone who could benefit from the use of a Twiddlemuff



Jan Addiscott - 0115 8457398

FILM APPRECIATION GROUP

As the old cartoons signed off, "That's all folks" ... until the autumn.

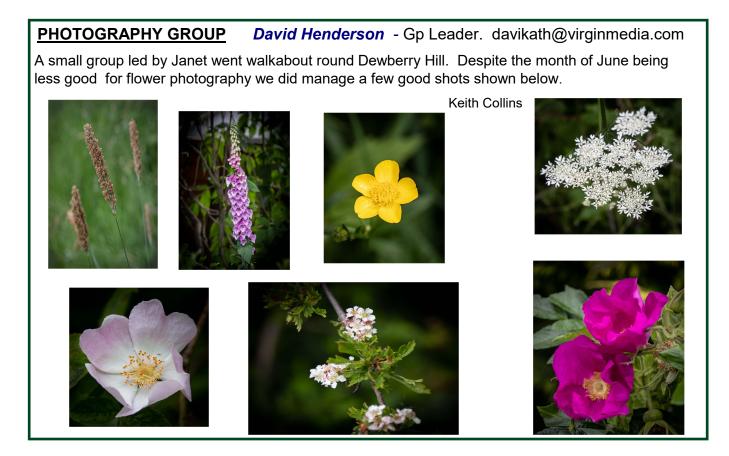
Boris' announcement on the 14th June delaying the return to 'normality'; the increasing threat from the Delta variant and Nottingham's appallingly low vaccination take-up all combine to prevent or deter us from reopening normal service for our Group.

Our last WhatsApp film session on 31st May, reviewed 'Phoenix', the story of Nelly Lenz, a Jewish Holocaust survivor, returning to her home town with a rebuilt face following camp gunshot wounds. She intends to be reunited with her husband and when he doesn't recognise her and reveals another side, she seeks to discover whether he was the one who actually handed her to the Nazis. A sub plot that involved Jewish recruitment to occupy Palestine (a very "now" issue) also added depth to the film.

Was this tense drama one of the Best Films Never To Win An Oscar? Our Group thought maybe..... on the basis of the ending alone and the screenplay and acting that overcame aspects which at times stretched credibility in an otherwise excellent flic.

Anyway, it's goodnight from me for now and touch wood, a new film and proper meeting at the end of September. Enjoy your summer.

David Richards. Film Appreciation Group Leader. 07817 660659



FRIENDSHIP AND SUPPORT GROUP

We will be meeting in Costa on the first Monday each month from 2-3pm on tables of no more than 6 until restrictions are lifted and will not meet again until the rules change.

Rodney Fogg E-mail:- rodneyfogg @gmail.com - (Tel 07971 537119)

FACE TO FACE FITNESS GROUP

It is with great joy, that I am able to write that two of the u3a groups in which I am active, are now meeting face to face for the first time since October in the case of Fit & Toned, and since last March for Keep Fit.

During the good weather the Monday morning 'Keep Fit' group lead by Judy Ayling has been meeting on the lawn at the British Legion since Wednesday 26th May



FIT AND TONED GROUP

We have been meeting in the Scout Hall. The first 'live' session of Fit & Toned was attended by 10 of us in total in a room which will hold 12 people in line with current COVID restrictions. The excitement in the room was palpable; at the end of the session we always give ourselves a clap for getting through the session,



On the 26th May, the applause was rapturous, signifying just how relieved and pleased we all were to have some level of normal life returning.

The <u>Monday Keep –Fit Group</u> is taking a slower approach to returning to a hired indoor space; attendance at this more gentle exercise group has a larger following and with the current restrictions in place, it is not possible to fit everyone in the Grange Hall where we normally meet, therefore, meeting on the grass is an ideal alternative during the good weather.

Beverley Lawe Group leader

POETRY FOR PLEASURE GROUP

Six members of the Group spent a happy two hours chatting in the gardens at the Grange a couple of weeks ago.

The sun shone and the conversation was lively. We ended with a reading of a Dylan Thomas poem.

Our next get-together will be a lunch at a local restaurant.

We hope to be fully functioning in September.

Anne Mountford

annemm510@gmail.com

FROM THE CROQUET GROUP



Would anyone like, or know of anyone who would like, our old croquet box. It is a plastic resin it will need a clean quite a few cobwebs & bird?? The only reason we need to get rid of it is because it was broken into, so the hole which the padlock threads through has been split.

Contact Sue Prest on 01159334991

NOTE FROM THE EDITORS

We send our thanks to Group Leaders for their articles and contributions throughout last year.

Our members really enjoyed and love to know about the activities of all our Groups.

YOUR CONTINUED SUPPORT IS APPRECIATED

Please send your items, articles, photos or sketches to:

radcliffeu3a.news@gmail.com

Our next issue is not until SEPTEMBER

So the copy deadline is 19th AUGUST 2021