

**JUNE 2020
Issue 45**

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Radcliffe on Trent NEWS SHEET

Registered Charity No. 1152459



THE UNIVERSITY OF THE THIRD AGE



Until further notice Members' monthly meetings, usually held in the Grange Hall on the first Thursday of each month are suspended .

CHAIRMAN'S MESSAGE

Hello All,

I guess we all have heard of or know someone who has not taken coronavirus quite seriously enough. Most who read this fall within the more vulnerable of categories, either by virtue of our age or in some cases more problematic reasons. So we at least understand just how serious Covid-19 is.

However I have to say that in my experience just how brilliant most people have been. The NHS staff, Care Homes staff, all other key workers and local volunteers all deserve our thanks, support and sensible behaviour. I have a special thank you to the smiley young lady who jogs or cycles past my house every day. It is always a boost to meet a smiley person who says a cheery "Hello".

We understand the physically ill victims of this crisis. Our hearts go out to them. There are economic victims too and it is apparent in Radcliffe and the surrounding area, some homes are suffering real deprivation.

As I write The Parish Council has The Grange Hall open, Monday to Friday, 9am to noon to collect non perishable food for those who really need it here, close to our homes. Your u3a are supporting this initiative so if you are able to give and in a position to do so may we thank you so very very much.. There is a socially isolated table on which to leave food which will then be distributed by Parish Council volunteers.

Finally, if our Editorial Team is able to fit them in you will find some delicious cake recipes supplied by your committee. Try them or even leave one at The Grange Hall maybe.....

Stay Safe, Stay Alert.

Malcolm PS Have a look at "Letters to the Editors on page 2

FILM APPRECIATION GROUP

Our second Zoom meeting on 18th May was attended by no less than 17 members. It's an ill wind... we've all become computer buffs!

'A Sense of an Ending', our film for April, had a mixed reception but prompted lively discussion as usual.. Members queued up to disagree with the Group Leader (disgraceful behaviour) on the finer points. He for his part was extremely generous in not activating the mute buttons on several occasions.

Jim Broadbent's portrayal of the curmudgeonly Tony Webster was the icing on this particular cake. His flawed meanderings back along memory lane and attempts to recover the diary that held the guilty secrets provided the storyline and led to a denouement which was clear or cloudy depending on your viewpoint.

Our next choice; a thriller, 'The Company You Keep' is on iPlayer 'available for 9 days' , so download it now if you're going away to the Bahamas. We meet again to discuss it on Monday 15th June at 2.00pm.

Stay safe and alert

David - Group Leader

DUE TO THE GOVERNMENTS ADVICE TO THE ELDERLY ALL U3A GROUP MEETINGS WILL BE CANCELLED.

CHECK WITH YOUR GROUP LEADER FOR EXCEPTIONS TO THIS, as some Groups are still running using modern technology—see below.

VIRTUAL ZOOM REAL ALE GROUP MEETING.

During lockdown the Real Ale Group grasped the opportunities provided by technology and social media and organised themselves using the Zoom Meeting App to have their monthly meeting as a virtual experience on line.

The Zoom Meeting lasts free-of-charge for forty minutes and gives ample time for social catch-up. 10 members joined our first meeting on 29th April at noon. Each member logged into the meeting together with their favourite bottle of beer to hand.

It was great to greet each other again even if across a tv screen and from our own homes. We hope to repeat the experience each month. A great morale booster and a way to keep in touch. If you would like to know the date of the next "meeting" e-mail me

Rod Fogg ..email: rodnevfogg@gmail.com

FRIENDSHIP & SUPPORT GROUP

The Friendship Group have found an excellent way to keep in touch, communicate and support each other during lockdown.

Most members live alone so the use of a weekly Newsletter, as a way of keeping connected, has been found to be a useful way of entertaining ourselves and finding ways to ask for support from each other.

Individual group members send in their email requests/ submissions to their group leader and they are published in an email Newsletter circulated to all members each week.

All members in the group can access each other by telephone or email so are able to seek friendship and support from within the group whilst lockdown continues.

Rodney Fogg - email: rodnevfogg@gmail.com

LETTERS TO THE EDITORS

To the Editors, NewsSheet,

June 2020

A recent message from Diane Kidger, has prompted me not only into action, but I thought I could also share my actions to other members via letter. I am very fortunate in that I retired on a final salary pension which is (I hope) not going to be affected by the recession which is going to follow this current crisis. My expenditure during lock down is significantly reduced as my normal activities cease to continue in any ordinary way. I have been lucky to be able to continue my own U3A group via Zoom and am grateful that when this is finally over the U3A will reimburse my personal expenditure on Zoom Pro.

Early on one of my group members said to me that she would save up the normal weekly fee for the classes and give the money to a charity; probably the Friary. I remember thinking, what a good idea, so I started a tally chart of all my weekly and monthly U3A activities; most of which I am able to continue to some extent.

I don't think some of us under the age of 70 realised just how long this was going to continue, and I am beginning to realise that there are many charities collecting food for those in most need at this moment. Today I did a quick calculation and set off for Aldi to spend £40 on store cupboard essentials to deliver to the Grange and other food banks in the village. I shall do this again throughout this period of lockdown until we can, once again meet in large groups.

Warm regards, U3A member 3229 (Name supplied)

Cities of the world THE ANSWERS

Note: Some clues are straightforward, others cryptic!! (creative spelling). Just enjoy it please

1. British Prime Minister (1828-1830)	Wellington
2. The battle to be seen	Warsaw
3. Gibson recreated	Melbourne
4. Germans call it WIEN	Vienna
5. Dose off for Dawson	Naples
6. A relation	Niece
7. Scorch	Berne
8. Capital of Texas	Austin
9. A perfumed liquid	Cologne
10. Type of terrier	Manchester
11. Just wander	Rome
12. Not King Kong but close	Hong Kong
13. To be rung in a hurry	Belfast
14. A slack way of making money	Lucerne
15 .A Golden Girl	Sofia
16. The home of the Lord	Nazareth
17. CARMENS OAT (anag)	Sacramento
18. He abducted Helen	Paris
19. Eurovision song winners and wooded valley	Aberdeen
20. Insane and throw away	Madrid
21. Nearly a rodent who swears	Amsterdam
22. A type of ham	Parma
23. Sneak a look-Gee	Peking
24. Repeating rifle	Winchester
25. Sound made by a GG and dowel	Winnipeg
26. Not old Eboracum	New York
27. Alamein hero watches the tape	Montevideo
28. Order to relax	Bucharest
29. Hat to wear in summer	Panama
30. The wall is down	Berlin

31. Add a to month	Augusta
32. Princess Royal would not be this silly person	Antwerp
33. Sound like two pubs and a stream	Innsbruck
34. He was a flautist	Galway
35. A miners ice flow	Pittsburgh
36. A comic verse	Limerick
37. Very slack	Toulouse
38. Where Meissen porcelain is made	Dresden
39. A plant for this whales mother	Moscow
40. Famous for its Mardi Gras	New Orleans
41. V.E night wasn't bad	Venice
42. With a pause you could eat this	Hamburg
43. An opening for Lancaster	Burton
44. The chief chases a hundred	Boston
45. Little Valerie could get this in the post	Valletta
46. Fracture the bovine	Krakow
47. British city with more canals than Venice	Birmingham
48. Information on Evita	Geneva
49. You could be lonely here	Seoul
50. A legendary bird that was careless with matches	Phoenix
51. After the conflict, you could light it	Warwick
52. What a feline and a human do.	Katmandu
53. Stylish in the past.	Chicago
54. Sounds like 40 quires	Reims
55. Simmered bones etc lead to abode	Stockholm
56. Catch this relation	Baghdad
57. Smoked in Cuba	Havana
58. The Prince is very heavy	Charleston
59. A grinding machine takes the dog out	Milwaukee
60. Small stick you would buy at seaside	Rock

RECIPES During lockdown your committee have been sharing favourite recipes (when not Zooming on U3A business!!). Sadly the Editors have not been able to personally sample the finished products but are passing a couple on for others to try. Our thanks for permission to print the following SEND US MORE PLEASE FOR NEXT MONTH-

TEA BREAD From Anne McLeod

This is the only cake I make on a regular basis, no fat, rich in iron, vitamin B and 1 slice counts as one of your 5 a day:

Put 450g of dried fruit, (mixed fruit or sultanas) and 150g of soft brown sugar in a bowl.

Pour 1/2 pint of Earl Grey tea over and leave overnight.

Next day add 250g self-raising flour and a beaten egg.

Mix thoroughly and bake for 90 minutes at 180 degrees Celsius in a lined loaf tin.

When cool wrap in cling film for 2-3 days before eating.

A really moist fruity tea bread. It can be sliced and frozen, ideal to pack when walking.

BANANA CAKE From Melanie Gregg

Best and easiest Banana Cake I've ever made. All you need is a bowl and a wooden spoon—and the ingredients!

125g butter/Marg
100g sugar
1 TSP vanilla extract
1 egg, beaten
1 large very ripe banana mashed
190g SR flour
60 ml milk

1. Grease and line 2lb loaf tin.
2. Melt butter, sugar and vanilla in a large ish saucepan over a medium heat.
3. Remove from heat add mashed bananas and mix well.
4. Add the egg mix well
5. Stir in the flour and milk.
6. Pour into tin, sprinkle with a bit of demerara sugar to give a crunch if you like.
7. Bake at 170c / fan 150c / gas 3 for 35mins or until skewer comes out clean. Leave to cool and enjoy

TAILPIECES

Half of us are going to come out of this quarantine as amazing cooks. The other half will come out with a drinking problem.

Quarantine Day 5: Went to this restaurant called THE KITCHEN. You have to gather all the ingredients and make your own meal. I have no idea how this place is still in business.

IMPORTANT NOTICE

THE MEMBER'S U3A NEWSHEET WILL CONTINUE TO BE PUBLISHED MONTHLY ON-LINE TO KEEP MEMBERS INFORMED OF WHAT IS HAPPENING

JULY'S NEWSHEET DEADLINE

Please send your news, articles and photos by **23rd JUNE** to our new email address which is

radcliffeu3a.news@gmail.com

Thank you Editorial Team