

DEC/JAN  
2018/19  
ISSUE No 29

# Radcliffe on Trent NEWS SHEET

Registered Charity No. 1152459



THE UNIVERSITY OF THE THIRD AGE



**U3A Member's Monthly Meetings are held in The Grange Hall : DOORS OPEN AT 2:00pm :**  
**Refreshments are served : Group Stalls advertise activities/enrolment:**  
**Announcements are made at 2:30pm with Guest Speaker at 2:45pm**

## FROM THE CHAIRMAN



*Christmas and The New Year looms. I am an unashamed fan and I take very great pleasure in wishing you all a wonderful Christmas and a super 2019. I am well aware, of course, that this is a time of the year which can be tricky for many. This is where our U3A community spirit can help and I encourage all of us to be alert to the needs of others at this time.*

*As you read this I hope you will be one of the many U3A members enjoying the Christmas Social on 6<sup>th</sup>. Thanks to all the volunteers who make this happen. "May your days be merry and bright" indeed.*

*2018 has been a good U3A year locally with record membership and well over 40 groups with new ones coming. May I thank the committee for their support, guidance, and hard work. For me the best Christmas present is they will ALL be standing for re-election next year. Look out for a notice in January regarding our AGM and nominations for next year.*

*Many thanks to all our volunteers. So appreciated. As ever we still need volunteers and so I finish this note with a lateral thought. (I must acknowledge Ian Jones's original thinking for the idea.) You may have a teenage grandchild sitting in their room developing their technology skills? Could they develop those skills better helping us Golden Oldies at U3A? What better way to add a community service line to their "CV", possibly ahead of Uni. Just a thought. Do let me know if you want to know more. See you in 2019.*

*Malcolm*

## TODAY'S SPEAKER

### ADAM SMITH



Adam Smith's career has taken him all over the world. He has been performing for over 25 years.

He graduated with honours from Paul McCartney's Liverpool Institute for Performing Arts and went on to perform in many variety shows, plays, pantos, concerts and musicals including touring Italy with the original cast of Billy Elliot.

He has also played leading roles in well-known musicals such as Chess, Guys and Dolls, Fiddler on the Roof, and also new musicals, The Snow Queen and Santa's Missing Trousers, both of which he was invited to perform in Dubai.

Today let West End performer Adam take you through the magic of Christmas with some of the great songs of the holiday season. This is a festive musical journey through the decades that celebrates the wonderful music of Christmas.

*Penny Tytler*

**Wishing you all an enjoyable**

**Christmas**

**and a Peaceful New Year.**

from your Editors, the Committee and everyone  
associated with making 2018 so successful for

Radcliffe on Trent U3A.

**FIT & TONED GROUP.**

Are you looking for a way to stay active as the days get shorter and colder?

The 'Fit & Toned' class will definitely help. It's a lively and fun way to get your heart rate up and strengthen your muscles.



The class is a mix of aerobic and strengthening exercises set to music. Good workout for the brain too as we try to remember the step sequences. If you already go to the Monday Keep Fit class, this is a bit different but just as friendly and welcoming.

We may not all match the class title yet (I certainly don't!) but with the help of Beverley's upbeat encouragement we're definitely improving.

It would be great if more of you could join us every Wednesday at St Mary's Hall from 11am-12noon.

We usually meet about 10 minutes before the session starts so there's time for a quick coffee and a chat.

If you want to know more, you can contact Beverley at [thelawes@ntlworld.com](mailto:thelawes@ntlworld.com) or just come along and give it a try.

**Classical Music****Appreciation Group**

The next two meetings will take place on

**Thursday 13 December and  
Thursday 17th January .  
10.30 am to 12.30 pm**

At the Dowson Room in the Grange. Cost £1.50 per head.

Tea/coffee/biscuits will be included

New members welcomed. For further details contact **Joyce Bullimore**

[joyce@bullimore.f9.co.uk](mailto:joyce@bullimore.f9.co.uk).

**DISCOUNTS AVAILABLE**

The following local businesses have very kindly offered discounts on production of your U3A membership card.

**Café Piano..15% off lunches and dinners.**

**Liquorice Ladies Fashion**

(3, Cropwell Rd., )

15% off all full-price clothing

**BRIDGE**

Whilst our existing Bridge Group is currently unable to take beginners there will shortly be a local opportunity to learn the game.

Len Jackson, our U3A Teacher alongside his wife Di, will be running a beginners course, on behalf of four local Bridge clubs, in Radcliffe on Trent, starting on Tuesday mornings in late February for 12 weeks. The cost (which will simply cover course materials and room hire) will be circa £85 and will include a comprehensive teaching manual from the English Bridge Union.

Anyone who completes the course will then be sufficiently competent to join the existing (very friendly!!) U3A Group who play on Monday afternoons at the Grange. There will be an open Morning at Radcliffe on Trent Library on Saturday 9th February, 10 am till 12.30 pm, so that anyone interested can register and/or discuss future opportunities. There will be tables set up for those who would like some supervised play.

More information, or to register interest, from Len on [lenjackson1234@gmail.com](mailto:lenjackson1234@gmail.com)



The Bridge group will continue to meet every Monday at 2 pm in the Dowson room at the Grange.

- contact **Greg Bungay** at [gjbungay@yahoo.co.uk](mailto:gjbungay@yahoo.co.uk)

**BOULES GROUP.**

We ought to have had our last game of the season on 15th October but rain stopped play.

We hope to start again in March / April. Watch this space!!

Meanwhile Watkinson's, the Estate Agents, have generously agreed to continue to store our equipment.

Because our last game was rained off we have decided that we should finish the season with a meeting over coffee.

I wouldn't be surprised if we don't try to work out who was "player of the year". As the referee I can't possibly be nominated!



*Al Reed* ([alnmo9@btinternet.com](mailto:alnmo9@btinternet.com))



## THE "STRICTLY JIVE" GROUP

### NEW YEAR RESOLUTION???

### LEARN TO JIVE!! - AND GET ( OR STAY ) FIT AT THE SAME TIME.

Because we focus solely on the jive and don't venture into any other complex dances, it is easy to learn. - one simple move at a time. Confidence increases slowly. It's a golden opportunity to acquire a new social skill and make some new friends. Each week our experienced instructors start by going back to basics and rehearsing the beginner's steps - so the group is ideal for both beginners and improvers, with or without a partner.



We are a friendly bunch and always welcome newcomers - especially gentlemen at the moment as, so far, the ladies have seemed more ready to give it a go. Come on chaps!

Sessions are weekly, every Wednesday from 3-15p.m. to 5-15p.m. at Radcliffe Hall ( Royal British Legion ) and cost £5 for U3A members. It's £7 for non-members subject to a maximum of 2 visits. Our last date this term is Wednesday December 19<sup>th</sup>.

After the Christmas and New Year break, we begin again on **WEDNESDAY 23rd JANUARY 2019**, in our run up to Easter. It's your chance to dance off the festive over-indulgence! .

### SPECIAL OFFER:-

If you are not sure whether jiving is for you, please note that the group have got together and decided to offer a **"TASTER" SESSION ON THE 23rd JANUARY - FREE OF CHARGE!!** So, why not give it a try? There's literally nothing to lose - except maybe some weight.

**Chris Worthington** Tel : 01159332747 or 07880797593  
or email : [worthington690@btinternet.com](mailto:worthington690@btinternet.com)

## CANASTA GROUP

We are going well in our lovely room.

Members have increased their playing skills, thanks to our super teacher!

We continue fortnightly in the Dowson room from 1pm to 3pm Next one 23rd Nov — no breaks for holidays.

Thinking of our festive season meal it would be appreciated if you would send me suggestions for venue and/or dates please .

Thank you to all the friends (as you are now), have a happy, healthy, lovely Christmas and New Year.....  
from your lady what teaches and enjoys it all with you,

**annette** [tenbob@greenbee.net](mailto:tenbob@greenbee.net)

## AVIATION & AEROSPACE GROUP

Tuesday 6th Nov saw this new group off the launchpad.

Fired by 18 enthusiasts with a mind blowing range of experiences and relevant skills it emerged that we have ideas, exciting material and target destinations enough to keep us going for the next 18 months at least.

We will be meeting on the first Tuesday of the month from 1400hrs to 1600hrs in the Radcliffe Room at the Grange, starting 4th December. Flight rations available at 1500 approx.

Tower controllers:-

**Mike Seymour**, [seymourmd@aol.com](mailto:seymourmd@aol.com)

**Roger Allton**, [rogerallton@hotmail.com](mailto:rogerallton@hotmail.com)

## VISITS & OUTINGS GROUP

By popular demand we are running a trip to the covered open air theatre at **Kilworth, Leicestershire** to see **Joseph and the Amazing Technicolour Dreamcoat** on **Wednesday 26th June 2019**. The cost is £48 per person to include coach, theatre ticket & a breakfast cob with tea or coffee at a garden centre on the way; there will be time for browsing.

At the theatre venue there are picnic tables available if you wish to bring lunch. There is also a bar on site.

Tickets are very limited. We have to give final numbers & book tickets by the end of January.

We are taking bookings at the December monthly meeting.

**Joyce Bullimore** Tel; 0115 9333969 or email: [joyce@bullimore.f9.co.uk](mailto:joyce@bullimore.f9.co.uk)

**Steve Harris** Tel: 0115 9333011 or email: [steveharriswork@hotmail.com](mailto:steveharriswork@hotmail.com)

## SCOTTISH COUNTRY DANCING

We are meeting on Wednesday afternoons, at 2pm in St Mary's church hall (excluding the last Wednesday of the month).

Join us for fun, good exercise and the opportunity to learn something new.

Contact Jean Hudson at [rotscd@gmail.com](mailto:rotscd@gmail.com) for further information.

**KNIT'N'NATTER GROUP**

We have been busy dismantling, washing and re-assembling our bunting into blankets for the Baby Bundles - see photos.



Seven blankets so far, and still counting...! Thanks to all for the amazing team-work involved in tackling this project. With the colder months on their way, we are now making warm hats and scarves for the Friary who will distribute them to local homeless folk.

QMC has asked that we now ONLY knit "Ventilator Hats" for the Neonatal Unit. I have a pattern available. We meet on the second Tuesday each month.

Jan Addiscott - 01158 457398"

**GEOLOGY & ENVIRONMENT STUDIES GROUP**

Our most recent event was a second visit to the Rutland Water Bird Reserve, where in August we had learnt about the reintroduction of the fish eating Osprey and its annual migration to overwinter in West Africa.

This visit on November 13<sup>th</sup>, included a short introductory talk by one of the reserve staff on the setting up of the facility which now covers over 1000 acres of marsh and shallow lagoon habitats at the west end of the reservoir; followed by us touring 10 of the northern well-equipped hides from where over 30 different birds were identified, including both Great and Little Egret, Great Crested Grebe, Peregrine, Marsh Harrier, Buzzard and Red Kite. Ducks were very frequent, including Shoveller, Pintail, Teal, Mallard, Gadwall, Wigeon, Tufted, and Pochard. Full lists are available from the contact below.

Picnicking in one of the hides allowed us to socialise as well as improve our species recognition. Visible in the photo here are Greg Chapman, Chris Beale, John Parry, Trevorrow, Holmes, Tan Richards, Rob Pearce, Tony Maryann Goode, Dave Gray and David



Our Christmas Wine and Mince pie meeting has had to be postponed due to both Greg and Martin visiting offspring in Chile and Mexico respectively so the annual Group review and discussion fuelled by wine and snacks is now scheduled for 2pm **Tuesday 15th January 2019** in the Trent Room in Grange Hall. Please put the date in your Diaries. More info from Group Leader: [www.martinclarke@live.co.uk](mailto:www.martinclarke@live.co.uk)

**NEW GROUPS**

We already have 43 groups but as detailed last month, we are looking to provide a still wider range of activities. Initial suggestions are: **Folk Music .. Italian .. Jewellery Making .. Singing for Fun .. Railways .. Creative Writing .. Wine Tasting (Second Group)**

I look forward to members registering their interest at the January Monthly Meeting or by email.

**Geraldine Sleight** Group Co-Ordinator Email: [radcliffeu3a.groups@gmail.com](mailto:radcliffeu3a.groups@gmail.com)

**FILM APPRECIATION GROUP**

On 29th October we met to unpick our film choice for October; 'The Wife'.

As is our wont, the pundit awarding the highest score to the film was 'volunteered' to take us through the storyline.

Despite protesting an awful memory to avoid the duty.... an old trick that fell on deaf ears... and following some 'encouragement', the reviewer did a splendid job highlighting all the details and nuances of this high scoring film. Respect.

Glen Close's performance as Joan Castleman, the long suffering spouse, was seen by all as the crowning glory of the film, and, although not all agreed that the story line and characterisations were believable, it was felt to be an entertaining production.

Next month on Monday the 26th November we gather again to give the highly rated 'Widows', a going over. 'Widows' is the group's (almost unanimous) choice of film to see in November. Be aware it has not gone unnoticed by me this is another 'women power' movie.

The film is on at the Broadway from the 9th until the date of our meeting.

*David Richards*

Group Leader Film Appreciation Group.

**JANUARY MEETING**

The speaker will be

**Dr Ann Featherstone**

**"Maidens, Murderers and Monsters"**

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**PLEASE NOTE.....**

There will be no full NewsSheet but watch out for the AGM Notice by e-mail and single sheet handout at the meeting.

**EDITOR**

**FEBRUARY NEWSHEET**

For the next issue of our U3A monthly NewsSheet please send your news, articles and photos to our Editors at

[news@rot-u3a.org.uk](mailto:news@rot-u3a.org.uk)

by **24th January**

**Thank you Editorial Team**