



RADCLIFFE NEWS SHEET

Registered Charity No. 115245 OCTOBER 2023 — ISSUE 82

MEMBERS' NEXT MONTHLY MEETING -THURSDAY 7th OCTOBER

Doors for the Members Monthly meetings at the Grange Hall will not open before 2pm with the meeting starting between about 2.15pm-2:30pm or as soon as everyone is seated and has obtained refreshments.

FROM THE CHAIR

THE PEOPLE WHO MAKE IT HAPPEN

It struck me that many things have to happen to ensure our Monthly Meeting takes place. Many almost go unnoticed as Committee members get on with their individual tasks so we can all enjoy the meeting. One task that many take advantage of is our Tea Ladies, led by Mary Smith, along with Marianne Caunt, Heather Flynn and Dawn Holton who ensure we can all enjoy a cup of tea or coffee with a biscuit, whilst having a chat with our friends, prior to our speaker. They work away in the kitchen not only making the drinks, but also cleaning the crockery afterwards, before joining the meeting. On your behalf I say a BIG thank You to them all and I will at the meeting ask you to show our appreciation in the normal manner.

The main news for this Newsletter is the Launch of our Tai Chi Group under the leadership of Zoe, a Tai Chi Teacher. We already have enough members who have expressed their intention to join the group, for more information see separate article in Newsletter

Our launch of a second Board Games Group 2 was successful. They will have 2 groups of players and will play on Wednesdays. One will play in the morning and the other in the afternoon. Rodney Fogg who has driven this group has more details in this Newsletter and will be pleased to answer any questions you may have.

We even had more success starting a Carpet Bowls Group and this was well subscribed but if you missed the opportunity, please contact Phillip Adams, tel: 07742 146657 ... to see if we have spaces available.

However after the good news, we are still looking for a Group Leader to start a Walking Group. On a poll of u3a's across the country Walking came in first place by a margin, so I do feel we need to find someone to fill this most important missing group from our list.

George Roberts

Chair



Contact me at 01159175141 or email at gjandmroberts@gmail.com

GUEST SPEAKER : FRAN SANDHAM : “DR LIVINGSTONE I PRESUME ?”

Thursday 5th October Monthly Meeting 2pm

We are very pleased to have Fran Sandham back, following his fascinating talk last year on his Walk across Africa. Fran will this time tell us about David Livingstone the extraordinary explorer of the 18th century. Made even more famous by the question posed by Stanley ‘Doctor Livingstone I presume’ Livingstone was a complex man and Fran will enlighten us on him and also on Stanley and how it affected his life thereafter.



David Livingstone



Henry Morton Stanley



Fran Sandham

NEW GROUP - TAI CHI

Taster Sessions of Tai Chi led by Zoe a Tai Chi Teacher We intend to run 2 Taster Sessions with a maximum of 20 in each. These sessions will be Free and will be on a first come first served basis. Ann Littlewood already has many names who have expressed interest, if you have not given your name and e-mail to Ann please do so at the earliest opportunity.

The sessions will only be open to members and will be held in the British Legion.

Taster Session 1 : Wednesday 18th October between 12 – 1pm in Main Hall

Taster Session 2 : Thursday 19th October 11-45 to 12-45pm in Studio Upstairs

Depending on how many members book, we may have to restrict it to one visit per person, but you can put your name down for both and if spaces available you will be advised and have first choice.

Your u3a are sponsoring these sessions to ensure we have the best opportunity to have a Tai Chi Group for our members to enjoy.

Following these sessions we will confirm via e-mail to all involved what the regular venue will be, what day and how often the group we will hold sessions.

Contact **Ann Littlewood** Mob : **07762 102759** E-Mail : annlittlewood@icloud.com

A BIG THANKYOU TO RADCLIFFE U3A FROM ASTHAMA & LUNG UK

I'd just like to say, on behalf of everyone here at Asthma + Lung UK, a huge thank you for your fantastic donation of £100 following Mike Storr's presentation to Radcliffe on Trent U3A. £100 could help to pay towards our specialist Helpline team to support 4 people on our Helpline via phone or WhatsApp, offering lifesaving advice to the people who need it. Since 2020, our helpline team has provided advice and a listening ear to more than 50,000 people and we have helped people with lung conditions connect and get support from each other at our 150 support groups up and down the country. It's amazing how much of a difference your donation can make which is why we'd like to thank you again for helping us. As the UK's only charity supporting everyone with a lung condition, we are determined to transform lung health, investing in even more world-leading research and urging the government to triple its research spend, fighting for clean air for all and ensuring everyone with breathless symptoms gets the diagnosis, treatment and care they need.

Thank you so much,
Alice Field
Community Fundraising Officer

MEMBERS MONTHLY MEETING : THURSDAY 9th NOVEMBER AT 2pm**Guest speaker : Rosie Collins – “Radcliffe on Trent & World War I”**

Rosie a member of the Radcliffe on Trent Local History Group will tell us about how Radcliffe was effected by the First World War. They have collected information on Soldiers from our area. They are supported by the Heritage Lottery Fund, and the initial events were conducted under the auspices of Radcliffe on Trent u3a, involving a group of our members and local volunteers.

CHRISTMAS PARTY**Thursday 7th December at The Grange Hall**

Your committee are planning our Annual Christmas Party and are pleased to confirm we have maintained the price at £3-00 pp. We have booked the Fab Two, a professional Beatles Tribute Band and are delighted to welcome back our own Bridge Singers. We will include a Finger Buffet and Soft drinks and a glass of Prosecco to toast ourselves and not forgetting our usual Quiz. Last year was most successful and we hope to improve this year, so note the date in your diary and book your ticket at the Grange Monthly Meeting on October 9th at 2pm.

APPEAL FOR MEMBERS TO JOIN THE u3a COMMITTEE

We are always encouraging our u3a members to join our Committee. The idea is to give an opportunity to members to take an interest in how our organisation is run. It is not essential but you might have had past experience or the skills needed to support, plan or organise. If you are interested and feel you would like to help, in any way, to maintain or develop the Radcliffe on Trent u3a please speak to any u3a helper or committee member at our monthly meetings.

We really would love to hear from you.

WE EXTEND A WARM WELCOME TO THE FOLLOWING NEW U3A MEMBERS

Philip James, Hazel Grainger, Jenny South, Jenny Siniawski, Sandra Mackerracher, Paul Truman, Marian Hale & Jeremy Hale.

A NEW GROUP : CARPET BOWLS

It's Fun, it's Different, Give it Ago – You will enjoy it.

When - Every Tuesday morning, 10-30 am to 12-30 pm. Tea, Coffee and Biscuits available
Starting the First Tuesday in October (3rd October) until middle of April 2024

Where - In the Heated Pavilion of the Radcliffe on Trent Bowling Club
On Cropwell Road, with second entrance on Glebe Lane

Cost - £5-00 per person, this includes use of Bowls etc.

To express interest Phone **Philip Adams** for more details Tel : **07742 146657**

'THE BOARD GAMERS GROUP' STARTED ON 20th SEPTEMBER



Responding to the national increased interest in board gaming TWO NEW SEPARATE BOARD GAME GROUPS HAVE STARTED. Hosted by Paul Truman, they meet each Wednesday one starting at 10am and the second at 2pm. With over 40 various types of board games to choose from there are games to suit everyone. So why not give it a try.

Contact **Rodney Fogg** on tel: **0797 1537 119** or Email: **rodneyfogg@gmail.com**

NEW GROUP AT WEST BRIDGFORD U3A

SILENT FILMS & STARS GROUP

Ed Markiewicz at West Bridgford u3a, has started a new Group, based on Silent Films. He has asked if we can let Radcliffe u3a members know about it to see if anyone would be interested in joining this new group. Radcliffe u3a committee have decided it is very unlikely that we would start such a group in Radcliffe and are happy to inform their members about it. Remember if you join the group you will have to become an affiliate member of West Bridgford u3a.

Please contact **Ed Marchewicz** if you are interested...Email: **edmarchewicz@gmail.com** Tel : **07890 009443**

CLASSICAL MUSIC GROUP

We meet every 3rd Thursday in the month 10.30 - 12.30 at the Dowson Room The Grange. All welcome. No previous knowledge needed. Refreshments provided in the interval. The price is £2.- including tea, coffee and biscuits. Listen and relax at our next meeting on Thursday 19th October.

Group leader **Michael Riggall**. Contact at **michael.riggall@ntlworld.com**

NOTE FROM THE EDITORS

To all our Group Leaders thank you for articles and contributions especially photos to keep members informed of what you do.

Please continue to send us your items, articles, photos or sketches to: **radcliffeu3a.news@gmail.com**

Our next issue is November 2023, Issue No 83.

The deadline for articles please is

OCTOBER 21st, 2023

The editors assume we have your permission to quote e-mail addresses and telephone numbers unless you advise us not to. Please also let us know who took the photos you submit. Thanks

Rod & Patrick Co-Editors

BOULES GROUP



It was five years ago when the General Manager of the Radcliffe Golf Club approached the Boules Group and invited us to use their boules piste at the golf club, as long as we stopped for a coffee or beer afterwards and so help cover their maintenance costs. We enjoyed everything about our time there but in June we were told that it was now necessary for us to pay and join the club as Social Members. Insurance seemed to be the reason for this despite the fact that our U3A's National Insurance Policy, I understand, covers everything where u3a members are involved*.

We are therefore, now back playing on the Grange Hall piste even though we miss the opportunity for the drink, snack and chat in the Golf Club Members bar after our game. Now we again really enjoy the banter with friends as they pass the Grange or are waiting at the bus stop. Our standard of play often seems to cause some amusement although the attached photo is one of our better ends (I should explain that the ones with the blue mark are mine!).

Alan Reed, Group Leader Email: alnmo9@btinternet.com

** Note from Editors. This needs checking out re.u3a Insurance cover .PM.*

AVIATION GROUP

The next meeting of the Aviation Group is on 3rd October at 2pm in the Grange Hall.

Our speaker will be Bob Marston, Group Captain, retired former Harrier and Jaguar pilot . His talk will be about his life flying the Harrier GR3 during his time in 1 and 3 Squadrons in the RAF. During his career he flew 6,400 hours half of them in Harriers. He then went to be in charge of all light aircraft training for all three armed services and author writing "The Harrier Boys".

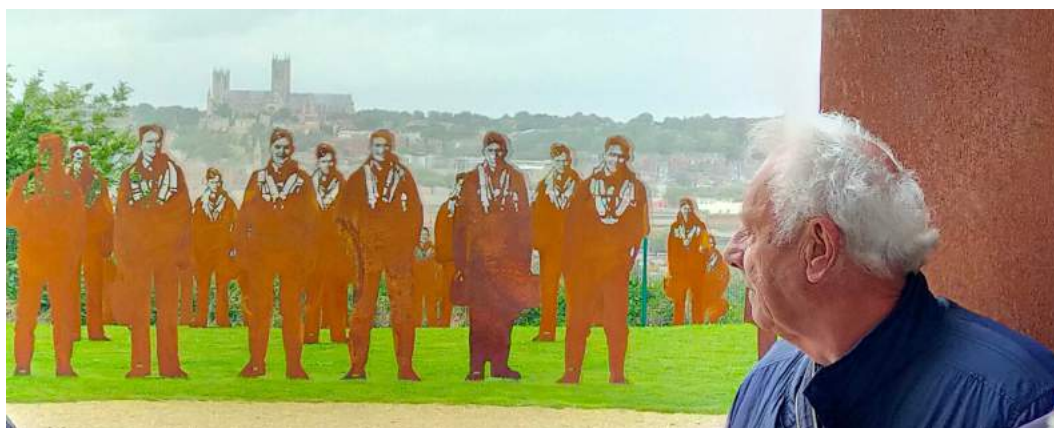
The subject of the September meeting was Martin Baker ejection seats. Martin Baker had been a manufacturer of aeroplanes in the Second World War but after the war finished had realised that aircraft speeds had increased so much and that climbing out of a cockpit in an emergency was no longer feasible. The videos of real ejections were fascinating to see but hair raising to imagine the pilot's feelings.

Finally our November meeting will be on 7th with a talk about Air Ambulance operations.

Dave Arron. Group Leader. Email : davidarron957@gmail.com

TRIPS & OUTINGS GROUP Bomber Command & Doddington Hall

Our trip to Bomber Command was hailed by all who attended as a great success. Despite the high winds our visit to the Gardens, and Spire along with our guide Ray was excellent. He was knowledgeable, clear in his speech & the information he gave us. This was followed by a visit to the museum, which in an understated way, ensured we all understood the horrors of war and the sacrifice the young men of Bomber Command made, to ensure we remain a free country. Many took advantage of the excellent Café with a good selection of reasonably priced food. Eventually it came time to move on to Doddington Hall a short 30-minute drive away. Here we were met by Hannah who gave us a short talk on the history of the house and the families who had lived there. We were then given free rein to explore the house, which was very interesting with many items to inspect and enjoy. Many then made their way to the Hall's Shops, offering a wide variety of items to purchase, before joining our coach for the return home.



In this Dam Busters display are special steel cut outs of airmen that somehow become lifelike with Lincoln Cathedral in the background

STRICTLY JIVE GROUP



The U3A Strictly Jive Group had August off and we restarted in September with a bit of jiving and strolling at the Village Fair (photo attached). Our regular weekly meet-ups now continue right up to Christmas. A very special treat for us on October 4th. will be the return to our Wednesday session at the Legion of the Rock'n'Roll duo The Moonshiners. A "live" Rock'n'Roll band in the afternoon! All U3A members, friends and potential new U3A members are welcome. There will be jive and stroll lessons and the bar will be open too.

Details from:- **Chris:** worthington690@btinternet.com or **Margaret:** kimpson1@virginmedia.com

SCOTTISH COUNTRY DANCE GROUP

The group will resume meeting on Wednesday 4th October. We meet at 2pm in the Scout Hall at Walkers Yard.

Potential new members are invited to join us for a taster. Dancing is usually in sets of 6 or 8 people and is fairly energetic. We have a lot of fun, exercise and "learning" together, so fairly regular attendance is beneficial.

Why not give it a try?

Please note we meet weekly except on the last Wednesday of the month.

Group leader: *Jean Hudson* Email : jeanHUDSON.home@gmail.com

THE FRIENDSHIP GROUP II

We went on a day trip to the seaside last week. On 11th Sept, 15 of us went to Skegness. We were concerned after all the warm weather we'd been having, that we may have left it slightly too late but no, the weather clouds were looking after us. We had a lovely day, rain kept off all day and 2 members even went for a paddle. A lovely day had by all who went, so much so that on the way back we were discussing our next outing.

Diane Williams Email : nottclass1946@yahoo.co.uk